

# CHIROPRACTIC CARE TRIFECTA

## TOP 3 BENEFITS

### 1 SATISFACTION

Nearly **36 MILLION** Americans visit doctors of chiropractic (DCs) annually. **80%** of patients report that spinal manipulation, often referred to as a spinal adjustment, significantly reduces pain and disability compared to other drug-free approaches.



**8 OUT OF 10**  
PATIENTS REPORT  
EFFECTIVE PAIN RELIEF



### 2 EFFECTIVENESS

**3 IN 4** PATIENTS DESCRIBE CHIROPRACTIC CARE AS “**VERY EFFECTIVE**”

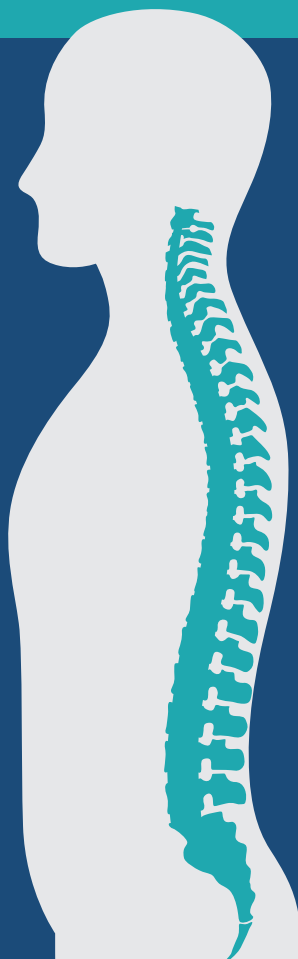


**94%** of spinal manipulations in the U.S. are performed by DCs who receive a minimum of 7 years of higher education.

DCs are trained to diagnose, evaluate and provide drug-free care to individuals suffering from back and neck pain, headaches and other related conditions.

### 3 LOWER *Rx* USE

Adults receiving chiropractic care are **55%** less likely to fill an opioid prescription.



To learn more about the benefits of chiropractic care, visit: [www.f4cp.org](http://www.f4cp.org)

DATA SOURCES:  
*The SPINE Journal*  
2016 Gallup-Palmer College of Chiropractic survey

*The Journal of Alternative and Complementary Medicine*

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